



# IRON FIST MARTIAL ARTS ACADEMY

24502 Lyons Ave. Santa Clarita, CA 91321






























661.799.FIST (3478)



[www.ironfistma.com](http://www.ironfistma.com)

[www.lightforceacademy.com](http://www.lightforceacademy.com)

[www.adrenalinescv.com](http://www.adrenalinescv.com)

	MON	TUE	WED	THU	PROGRAMS
3:45pm	 (Ages 4 - 7) <b>LITTLE NINJAS</b>	 (Ages 4 - 7) <b>LITTLE NINJAS</b>	 (Ages 4 - 7) <b>LITTLE NINJAS</b>	 (Ages 4 - 7) <b>LITTLE NINJAS</b>	
4:30pm	 (Ages 7 - 15) <b>SPEED/AGILITY/STAMINA</b>	 (Ages 6½ - 15) <b>MARTIAL ARTS</b>	 (Ages 7 - 15) <b>SPEED/AGILITY/STAMINA</b>	 (Ages 6½ - 15) <b>MARTIAL ARTS</b>	
5:15pm	 (Ages 6½ - 15) <b>MARTIAL ARTS</b>	 (Ages 6½ - 15) <b>MARTIAL ARTS</b>	 (Ages 6½ - 15) <b>MARTIAL ARTS</b>	 (Ages 6½ - 15) <b>MARTIAL ARTS</b>	
6:00pm	 <b>CADETS (Ages 7 - 14)</b> <b>LIGHTSABER COMBAT</b>	 (Ages 7 - 15) <b>SPEED/AGILITY/STAMINA</b>	 <b>CADETS (Ages 7 - 14)</b> <b>LIGHTSABER COMBAT</b>	 (Ages 7 - 15) <b>SPEED/AGILITY/STAMINA</b>	
6:45pm	<b>**</b>  <b>**</b> <b>ADULTS/TEENS (Ages 15+)</b> <b>MARTIAL ARTS/SELF-DEFENSE</b>	 <b>GLOWBOXING</b> <b>FITNESS &amp; KICKBOXING</b>	<b>**</b>  <b>**</b> <b>ADULTS/TEENS (Ages 15+)</b> <b>MARTIAL ARTS/SELF-DEFENSE</b>	 <b>GLOWBOXING</b> <b>FITNESS &amp; KICKBOXING</b>	
7:30pm	 <b>LEADERSHIP TEAM</b> <b>*BY INVITATION ONLY*</b>	 <b>ADULTS/TEENS (15+)</b> <b>LIGHTSABER COMBAT</b>		 <b>ADULTS/TEENS (15+)</b> <b>LIGHTSABER COMBAT</b>	
<b>** : ADVANCED STUDENTS ELIGIBLE</b>					